

# ***BETter Living ...***

**Bernadette Trieb**

**Family and Consumer Sciences Extension Agent**

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## **Prepare Kansas: Get Involved**

What would you do if a tornado warning was issued right now, wherever you are at, at home, work, or school? What is the plan to shelter from the tornado? Do you know the answers to the previous questions? If so, you are well on your way of being prepared for any disaster. If you are not able to answer the questions, then you are part of the 85% of Americans who are not even prepared for one disaster.

Just like having a working smoke detector, preparing for the unexpected makes sense. Prepare Kansas is an annual, online financial preparedness challenge from K-State Research and Extension designed to help individuals and families be better prepared ahead of disasters which can make recovery easier.

Throughout the month of September, you will complete the challenge activities to prepare your home or workplace ahead of a disaster. Keep track of what you have accomplished and report your progress each week. Continue reporting online through October 3.

Take the 2015 Prepare Kansas online challenge and learn how to plan ahead for Kansas weather: temperature extremes, tornados, floods/drought, and fire. A little work now can make recovering less difficult. The program is broken down to a few activities to do each week, which makes it easier than if you are trying to do many activities from a long list.

Working on each activity gives families an opportunity to not only work together on becoming better prepared, but can spark conversations about preparedness in general and the best ways to handle future emergencies.

To register, visit the Prepare Kansas blog: [blogs.k-state.edu/preparekansas/](http://blogs.k-state.edu/preparekansas/) and click on the link on the right hand column. Registrations will be accepted through August.

**Join Prepare Kansas and Get Prepared!**