Recommended Vegetable Varieties

Asparagus

California types (Atlas and US157) produce higher yields in warm springs; New Jersey hybrids produce higher yields in cool springs.

- Atlas (H)
- California UC 157 (H)
- Jersey Giant (H)
- Jersey King (H)
- Jersey Knight (H)
- Jersey Supreme (H)
- Purple Passion (H)

Bean

- Lima
  - Fordhook 242
  - Henderson’s
- Pole
  - Kentucky Blue
  - Kentucky Wonder
  - Northeaster
  - Purple King
- Snap
  - Contender
  - Derby
  - Jade
  - Provider
  - Royal Burgundy
  - Strike
  - Tenderscrop
  - Xera (heat tolerant)
- Wax
  - Carson
  - Eureka
  - Goldmine

Beet

- Chioggia
- Cylindra
- Detroit Dark Red
- Early Wonder
- Kestrel
- Perfected Detroit
- Red Ace (H)
- Ruby Queen
- Touchstone Gold

Broccoli

- Diplomat (H)
- Green Comet (H)
- Gypsy (H)
- Marathon (H) (late)
- Packman (H)
- Premium Crop (H)

Corn, Pop

- Robust 21-82W (white H)
- Robust 128YH (yellow, H)
- Strawberry (novelty, small red ear, small white kernels)

Corn, Sweet (all H)

- Bicolor
  - Ambrosia (se)
  - Candy Store (sh2)
  - Delectable (se)
  - Honey and Cream (su)
- White
  - Argent (se)
  - How Sweet It Is (sh2)
  - Silver King (se)
  - Silver Queen (su)
- Yellow
  - Bodacious (se)
  - Incredible (se)
  - Jubilee (su)
  - Kandy Korn (se)
  - Merit (su)
  - Miracle (se)
  - Sundance (su)

Cowpea

- Crowder types
- Purple Hull types

Cabbage

- Extremely Early
  - Gonzales (H) (mini-head)
  - Stone Head (H)
- Early
  - Discovery (H)
- Midseason
  - Blue Dynasty
  - Bravo
- Red
  - Red Acre
  - Red Rookie
  - Ruby Ball

Cabbage, Chinese

- Blues (H)
- Jade Pagoda (H)

Cayenne

Asian Greens

- Joi Choi (H)
- Komatsuna
- Kyona Mizuna
- Mei Qing Choi (H)
- Tatsuo

Carrot

- Gold King
- Gold Pak
- Red Cored Chantenay
- Royal Chantenay
- Scarlet Nantes
- Tendersweet

Cauliflower

- Cheddar (H; orange)
- Graffiti (H; purple)
- Fremont (H)
- Self Blanche (late-maturing)
- Snowball (early maturing)
- Snow Crown (H)

Corn, Pop

- Robust 21-82W (white H)
- Robust 128YH (yellow, H)
- Strawberry (novelty, small red ear, small white kernels)

Cucumber

Dwarf Plants

- Bush Champion
- Fanfare
- Pot Luck (H)
- Salad Bush (H)
- Spacemaster

Picklers

- Bush Pickle (H)
- Carolina (H)
- Pioneer (H)

(H) indicates hybrid variety.

Sweet corn may be divided into three distinct types according to genetic background: normal sugary (su), sugar enhanced (se) and supersweet (Sh2).
Cucumber (cont’d.)

Slicers
- Burpee Hybrid II (H)
- Dasher II (H)

Slicers
- Diva
- General Lee (H)
- Marketer
- Raider (H)
- Early Spring Burpless (H)
- Sweet Slice (H)
- Sweet Success (H)
- Thunder (H)

Eggplant
- Black Beauty
- Dusky (H)
- Epic (H)
- Ghostbuster (white)
- Gretel (mini, H)
- Hansel (mini, H)
- Ichiban (H)
- Orient Express (H)

Lettuce

Head
- Crispino

Leaf
- Black Seeded Simpson
- New Red Fire (red leaf)
- Prizehead (red)
- Red Sails (red leaf)
- Red Saladbowl (red oakleaf)
- Salad Bowl (oakleaf)
- Slobolt
- Waldmans Green

Romaine
- Green Forest
- Jericho
- Paris Island Cos

Soft head
- Buttercrunch
- Ermosa
- Harmony

Melon, Green Fleshed
- Amy
- Earli Dew (H)

Melon, Watermelon

Elongated
- Allsweet
- Sangria (H)
- Sweet Princess

Icebox
- Sugar Baby
- Yellow Doll (H)

Round, Striped
- Crimson Sweet
- Royal Jubilee

Mustard
- Green Wave
- Red Giant
- Southern Giant Curled
- Tendersgreen

Okra
- Annie Oakley II (H)
- Red Burgundy
- Cajun Delight (H)
- Clemson Spineless
- Emerald

Onion

There is a lot of interest in growing sweet, mild-flavored onions. Original sweet onion varieties were Bermuda types (white or yellow) with flat-shaped bulbs. Texas Grano or Granex are also mild-flavored onions (grown as Vidalia, Maui, etc.).

Candy
- Granex (poor keeper)
- Redwing (red, good keeper)
- Red Burgundy (poor keeper)
- Super Star (white)
- Texas Grano (1015Y – fair keeper)
- Walla-Walla (poor keeper)
- White Sweet Spanish (late; good winter keeper)
- Yellow Sweet Spanish (late, good keeper)

Pea

Edible Pod
- Sugar Ann
- Sugar Bon
- Super Sugar Snap
- Sugar Sprint

Shelling Types
- Burpeeana
- Frosty
- Green Arrow
- Knight
- Little Marvel
- Maestro
- Mister Big

Snow Peas
- Dwarf Grey Sugar
- Mammoth Melting Sugar
- Snow Green

Pepper

Bell
- Admiral (H; green to yellow)
- Alliance (H; green to red)
- Aristotle (H; green to red)
- Bell Boy (H; green to red)
- Big Bertha (H; green to red)
- Blushing Beauty (H; ivory to red)
- Camelot (H; green to red)
- Jupiter (green to red)
- Keystone Resistant Giant (green to red)
- King Arthur (H; green to red)
- Lady Bell (H; green to red)
- Revolution (H; green to red)

Chiles (Hot)
- Anaheim
- Ancho Masivo
- Biggie Chile
- Mariachi
- New Mexico Improved Chili
- Red Chili
- Super Chili
- Delicias (mild jalapeno)

Habanero (hotter)
- Caribbean Red
- Fatali
- Habanero
- Hot Paper Lantern

Jalapeno
- Delicias
- Dulce
- El Jefe

(H) indicates hybrid variety.
Ixtapa
TAM Jalapeno
Telica

*Serrano*
  - Serrano
  - Serrano del Sol

*Other Sweet*
  - Banana Bill
  - Biscayne (H)
  - Carmen (green to red)
  - Gypsy (H)
  - Pimento
  - Sweet Banana
  - Sweet Cherry
  - Yummy
    - (snack-size, orange)

**Potato**

*Red*
  - LaRouge (midseason, good scab tolerance, yield more than Norland)
  - LaSoda (midseason, good scab tolerance, yield more than Norland)
  - Red Norland (early, good scab tolerance)
  - Purple Viking (moderately early, new, high yielding, highly scab resistant)

*Russet (best for baking)*
  - Norkotah (midseason, best of russet varieties for Kansas)

*White (good for baking)*
  - Irish Cobbler (early season, mashing and baking, poor tolerance to scab)
  - Kennebec (late season, poor scab tolerance)
  - Norchip (midseason, mealy, best white for fries, most productive of the whites)
  - Superior (midseason, good for mashing)

**Pumpkin**

*Huge*
  - Atlantic Giant
  - Big Max
  - Big Moon

*Large*
  - Aspen (H)
  - Big Autumn
  - Connecticut Field

  - Ghost Rider
  - Howden
  - Racer (H)
  - Sorcerer (H)

*Medium*
  - Autumn Gold (H)
  - Magic Lantern (powdery mildew tolerance)
  - Spirit (H; bush-type for limited space)

*Miniature*
  - Jack Be Little
  - Munchkin

*Small*
  - Baby Pam (good pie pumpkin)
  - Mystic Plus (H; powdery mildew tolerance)
  - Orange Smoothie (H; semi-bush type)
  - Spookie
  - Sugar Pie

*Specialty*
  - Cinderella
  - Fairytale
  - Lumina

**Radish**

*Multi-colored*
  - Easter Egg
  - French Breakfast

*Red*
  - CherryBelle
  - Red Boy
  - Scarlet Globe

*White*
  - White Icicle

**Rhubarb**

  - Canada Red
  - Crimson Red
  - McDonald
  - Valentine

**Spinach**

  - Long Standing Bloomsdale
  - Space (H) – smooth
  - Tyee (H) – slow to go to seed

**Squash, Summer**

  - Early Prolific Straightneck
  - Goldbar (H)
  - GoldRush (H; yellow zucchini)
  - Papaya Pear
  - Yellow Crookneck

  - Sunburst (H; yellow scallop)
  - Zucchini (several varieties)

**Squash, Winter**

  - Butternut (several improved strains and bush types available)
  - Green Hubbard
  - Pink Banana
  - Royal Acorn, Ebony Acorn or Table Queen
  - Spaghetti Squash, Cornell’s Bush Delicata
  - Striped, White, Golden Cushaw

**Sweet Potato**

  - Beuregard
  - Georgia Jet (rose skin, high-yield, early)
  - NC Japanese (Asian type with purple skin and white flesh)

**Swiss Chard**

  - Bright Lights
  - Fordhook Giant

**Tomato**

  - Standard slicers recommended have the compact semi-determinate plant habit and disease resistance to Fusarium wilt races 1 and 2.

  - *Plum/Roma Type*
    - Plum Crimson
    - Plum Dandy (H)
    - Margherita VF
    - Roma VF
    - Super Marzano VF

  - *Grape/Cherry Type*
    - Juliet (H)
    - Mountain Belle (determinate)
    - Sun Gold (indeterminate)
    - Suncherry (indeterminate)
    - Supersweet 100 (indeterminate)
    - Tumbling Tom (determinate)
    - Sweet Olive (H)

  - *Standard Slicers*
    - Amelia (H; resistant to Fusarium race 3 and tomato spotted wilt virus)
    - Beefy Boy (indeterminate)
    - Carolina Gold (yellow, smaller vine)
### Tomato (cont'd.)

**Standard Slicers**
- **Celebrity (H; very disease resistant – V, F12, N, TMV, ASC, St – vigorous determinate plant, large fruit)**
- **Floralina (H; resistant to fusarium race 3)**
- **Florida 47 (H)**
- **Florida 91 (H; heat tolerance and long shelf life)**

**Jetsetter (indeterminate)**
- Jet Star (H; an older indeterminate variety, very good yield, very good crack resistance. Was the top recommended variety for years. Only resistant to VE)
- Mountain Fresh Plus (H)
- Mountain Gold (yellow, smaller vine)
- Mountain Spring (H; crack resistant)

**Scarlet Red (H)**
- Sun Leaper (H) and Sunmaster (H; heat set types that continue setting fruit at higher temperatures than standard varieties.)

(H) indicates hybrid variety.

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